

Disability Rights Education & Defense Fund **DREDF**

Coordinated Care Initiative (CCI) ADVANCED I: Benefit Package and Consumer Protections

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October 21, 2014





The National Senior Citizens Law Center is a non-profit organization whose principal mission is to protect the rights of low-income older adults. Through advocacy, litigation, and the education and counseling of local advocates, we seek to ensure the health and economic security of those with limited income and resources, and access to the courts for all. For more information, visit our Web site at www.NSCLC.org.



Founded in 1979, by people with disabilities and parents of children with disabilities, the Disability Rights Education and Defense Fund (DREDF) is a leading national law and policy center, based in Berkeley, CA, dedicated to protecting and advancing the civil and human rights of people with disabilities. For more information, visit us at <u>www.DREDF.org</u>

Today's Discussion

Overview of CCI



Benefit Package Summary

Consumer Protections

Updates





Glossary

- Coordinated Care Initiative (CCI)
 - Cal MediConnect
- Dual Eligible (Dual)
- Duals-Special Needs Plan (D-SNP)
- Fee-for-Service (FFS)
- Long Term Support and Services (LTSS)
 - In-Home Supportive Services (IHSS), Community Based Adult Services (CBAS), Multipurpose Senior Services Program (MSSP), Nursing Facility
- Medi-Cal Managed Care
- Program of All-Inclusive Care for the Elderly (PACE)
- Seniors and Persons with Disabilities (SPDs)





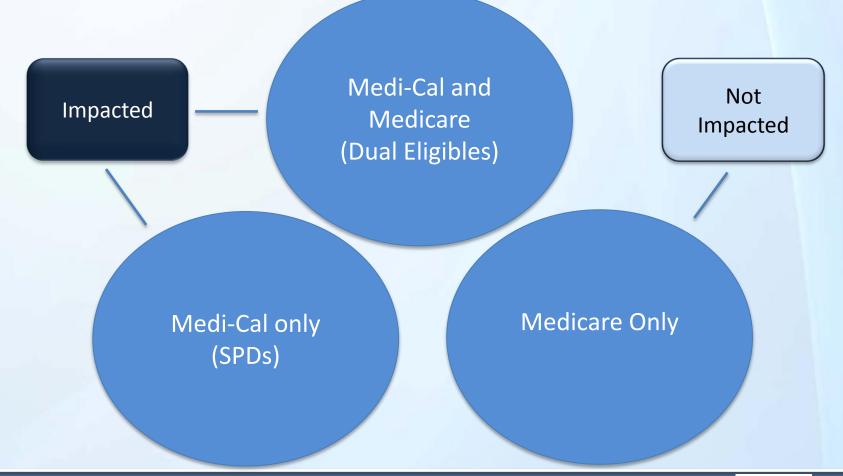
CCI = three big changes

CCI Change	Description	Federal Approval
Mandatory Medi-Cal Managed Care	Duals and previously excluded SPDs must in enroll in Medi-Cal Managed Care	Approved
LTSS Integration	LTSS added to Medi-Cal Managed Care plan benefit package	Approved
Medicare Integration (Cal MediConnect)	For duals, integration of Medicare and Medi-Cal benefits into one managed care plan.	Approved





CCI impacts duals & seniors and persons with disabilities with Medi-Cal







CCI: Who is Impacted

Duals Excluded from MediConnect

- •End Stage Renal Disease (except COHS)
- •Reside in certain LA County, Riverside, San Bernardino zip codes
- •Resident of VA Home**
- •Resident of an ICF-DD**
- •Share of Cost not regularly met
- •Other Health Insurance**
- •DDS waiver or receiving services from a regional or dev center

Duals Who Can Participate but Will NOT be Passively Enrolled

PACE Enrollees
Enrolled in AIDS Healthcare
Foundation
Live in certain zip codes in San
Bernardino County
Enrolled in Kaiser; non-CMC D-SNP;
MA Plan; FIDE-SNP
Enrolled in NF/AH, HIV/AIDS,
Assisted Living, IHO Waiver

**Totally excluded from the CCI
(except in COHS counties)





Wrong Notices: Use Email Address

EMAIL: cm.cmltss@dhcs.ca.gov

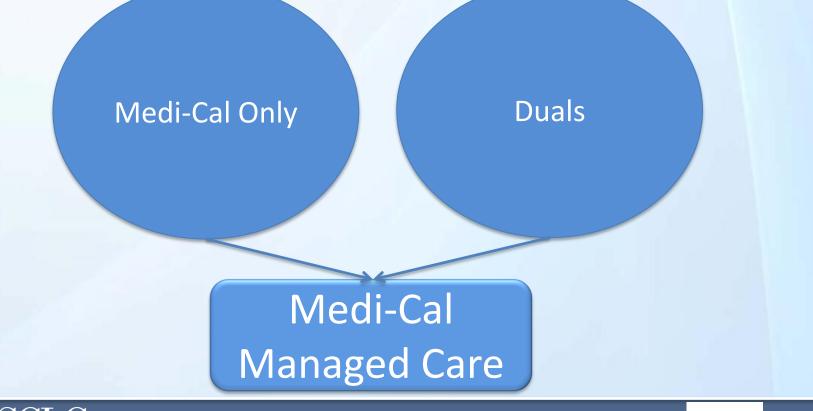
- Routine plan changes and disenrollments should be handled with Health Care Options. Many beneficiaries can use continuity of care to see their providers while a routine plan change or disenrollment is in process. Beneficiaries should contact their plan to make this request.
- Do not send personal health information or ID numbers through unsecured email. You can send an email request to the new inbox for a secure email from DHCS, and you can respond to that secure email with this information.
- You will receive a response to your request within 2 to 3 business days to confirm receipt and that DHCS is working on the issue. You will receive an email confirmation of the issue resolution.
- You may not receive specifics on the case itself if you are not the authorized representative or the beneficiary.





Medi-Cal managed care is mandatory

Even if a Dual Opts Out of Cal MediConnect, must still enroll in Medi-Cal MC







Total Impact: 1,206,000

County	Duals Subject to Passive Enrollment in Cal MediConnect	Medi-Cal MC Only
Alameda	32,533	48,000
Los Angeles	288,399 (200,000 cap)	317,000
Orange	65,537	51,000
Riverside	40,040	46,000
San Bernardino	41, 930	54,000
San Diego	55,798	64,000
San Mateo	12 371	14,000
Santa Clara	37, 739	38,000
Totals	574, 347 (485,948 with cap)	632,000





January 2015 Enrollment

- Part D Reassignees for 2014
- Part D Reassignees for 2015 must choose a new Part D plan if they opt-out of Cal MediConnect
- Beneficiaries in FFS Medicare and Medi-Cal with January birthdays
- Beneficiaries enrolled in a D-SNP operated by a sponsor of a Cal MediConnect plan.
- MSSP beneficiaries and those already in Medi-Cal plans in Santa Clara County

http://dualsdemoadvocacy.org/trainings-and-education-materials





Medicare Advantage Passive Enrollment in 2015

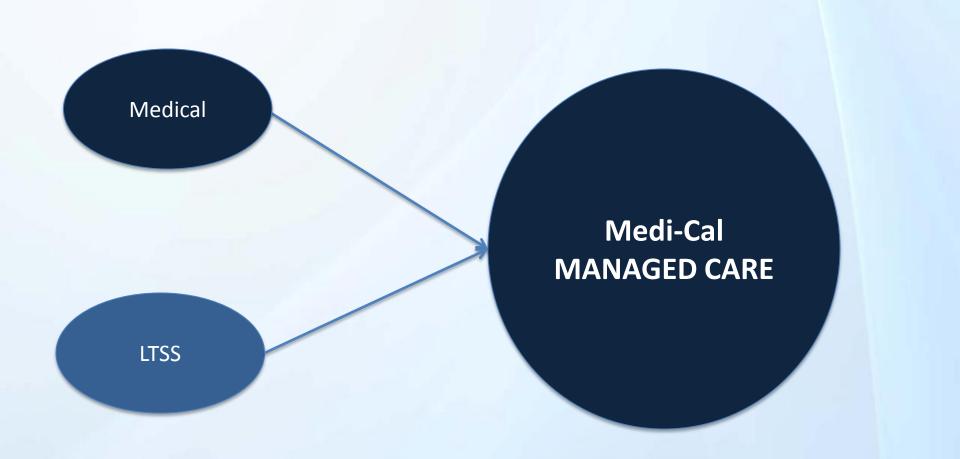
- Duals enrolled in a D-SNP operated by a CMC plan are subject to passive enrollment in January 2015 (can't keep their D-SNP)
- Duals enrolled in a D-SNP not operated by a CMC plan are NOT subject to passive enrollment in Cal MediConnect if enrolled by 12/31/14. Must still choose a Medi-Cal plan (April – January in January 2015 and then by birth month).
- Duals enrolled in a Medicare Advantage or FIDE-SNP plan are not subject to passive enrollment in Cal MediConnect. Those in just an MA plan must still choose a Medi-Cal plan.

http://dualsdemoadvocacy.org/trainings-and-education-materials





Medi-Cal Managed Care







New Medi-Cal Benefits

New Mental Health Benefit

January 1, 2014 New mental health benefit which is now available to all Medi-Cal recipients. Delivered through Medi-Cal plans

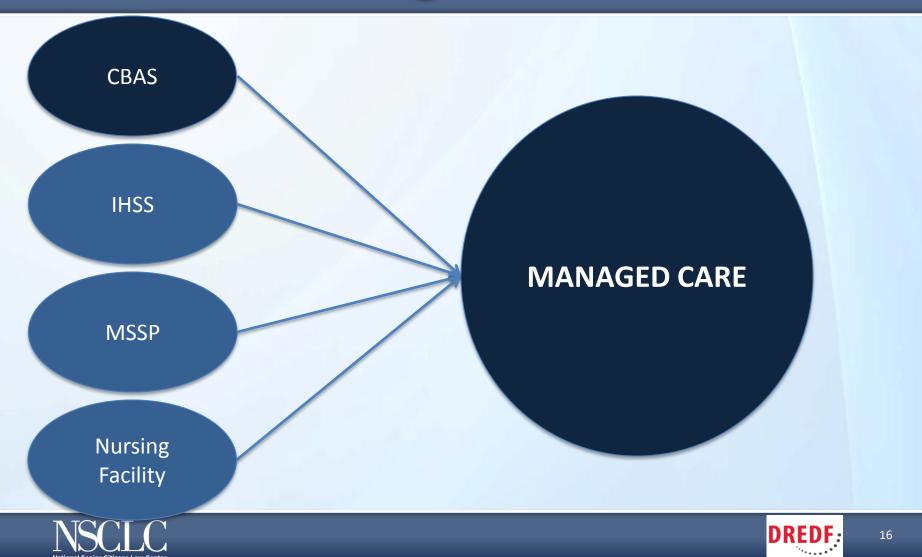
Dental

May 1, 2014 Dental benefits will be restored to all Medi-Cal recipients starting May 2014 delivered through Denti-Cal





LTSS and Managed Care



Cal MediConnect Benefits Required Benefits

Required Benefits

- Medicare A, B, D
- Medi-Cal services including
 - LTSS: IHSS, CBAS, SNF, MSSP
- Vision
 - One routine eye exam annually; \$100 towards eye glasses/contacts every two years
- Transportation to Medical Services
 - 30 1-way trips per year
- Care Coordination





Cal MediConnect Benefits Care Coordination

Care Coordination

- Person-centered
- Focus on least restrictive setting
- Health Risk Assessment
- Individualized Care Plan
- Interdisciplinary Care Team

Available

at:<u>http://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/DPL2013/DPL13-</u> 004.pdf





Cal MediConnect Benefits Care Plan Option Services

CPO Services

- HCBS-like supports and services
- Discretionary
- In addition to, not in lieu of required benefits
- Assessed during Health Risk Assessment (HRA)
- Plan appeal process

Available at: <u>www.calduals.org</u>; Summary available at: <u>http://dualsdemoadvocacy.org/california</u> CPO All Plan Letter:

http://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/DPL2013/DPL13-006.pdf





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Cal MediConnect Benefits Carved Out Benefits

Carved Out Benefits

- County Administered and Financed
 - Specialty Medi-Cal Mental Health Benefits
 - Examples: intensive day treatment, portion of inpatient psychiatric services not covered by Medicare, day rehab, crisis intervention, adult residential treatment services
 - Medi-Cal Drug Benefits
 - Examples: Methadone therapy, day care rehab, naltrexone for narcotic dependence
- Dental Benefits





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If certain criteria is met, a Cal MediConnect plan must allow a beneficiary the right to maintain his or her current out-of-network providers and service authorizations at the time of enrollment for a period of

Six (6) months for Medicare Twelve (12) months for Medi-Cal services

Plans can provide extended continuity of care





Criteria

1. Must have an existing relationship with the Provider

Must see PCP provider at least once in 12 months
proceeding enrollment in plan for non-emergency visit
Must see specialist at least twice in 12 months proceeding
enrollment in plan for a non-emergency visit

The plan must first use data provided by CMS and DHCS to determine pre-existing relationship. If relationship cannot be established through data, then plan can ask beneficiary to provide documentation of the relationship.





Criteria

- 2. Provider must accept payment and enter into agreement with plan.
- 3. Provider does not have documented quality of care concerns





Exceptions

<u>Nursing Facilities</u> – a beneficiary residing in a nursing facility prior to enrollment will not be required to change the nursing facility during the demonstration.

Durable Medical Equipment providers – no continuity of care for providers

<u>Ancillary Services</u> – no continuity of care for providers

<u>Carved-out services</u> – no continuity of care

IHSS – an individual does not need to make any request to continue to see an IHSS provider





Prescription Drugs

Part D rules apply – one time fill of – a 30-day supply unless a lesser amount is prescribed – of any ongoing medication within the first 90 days of plan membership, even if the drug is not on the plan's formulary or is subject to utilization controls.

> -Residents in institutions get further protections
> -Part D rules apply to both Medi-Cal and Medicarecovered drugs





Other Protections

Health plan must complete services for the following conditions:

- -Acute
- -Serious chronic
- -Pregnancy
- -Terminal illness
- -Surgeries or other procedures previously authorized as part of documented course of treatment

CAL. HEALTH & SAFETY CODE § 1373.96(c)(1)





Updates

- Providers can now request Continuity of Care
- Request must be processed within 3 days if there is risk of harm to the beneficiary (30 days is most time permitted)
- Retroactive Continuity of Care is permitted Providers or beneficiary can now request continuity of care after service delivery
 - Request must come within 30 calendar days of first service following enrollment

DPL:

http://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicy





Consumer Protections: Continuity of Care

DISENROLL

-A beneficiary can disenroll from Cal MediConnect at any time for any reason.

-Disenrollment is effective the first day of the following month

-Must stay in Medi-Cal managed care





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Continuity of Care: Medi-Cal managed care

- •12 months keep seeing current providers and maintain service authorizations and receive services that are set to occur within 180 days of enrollment.
- •Must have an "existing relationship"
 - •Seen the provider at least once within 12 months (from date of plan enrollment)
- •Provider must accept plan reimbursement rate or Medi-Cal rate
- Provider must meet quality of care standards
- •Continuity of care does not extend to durable medical equipment, medical supplies, transportation, or other ancillary services
- •Nursing facility and CBAS providers are 12 months or until a service plan is completed and agreed upon by beneficiary or resolved through an appeal.





Continuity of Care: Medi-Cal managed care

Medical Exemption Request (MER) for SPDs

- Available in two-plan or GMC Counties
- Acts to avoid enrollment in managed care entirely for a certain amount of time
- •Available to individuals with complex medical conditions (e.g., cancer)
- Administered by Health Care Options (enrollment broker)

MER process not available to duals





Consumer Protections: Cont.

Other Consumer Protections

•Right to receive materials and services in their own language

- •Language, alternative formats
- Accessibility Rights
 - Reasonable modifications to enable people with disabilities to gain full and equal access to services
 - •Physical accessibility where readily achievable
 - •Plans required to receive training on disability discrimination and cultural competency





Local advocates can help individuals

- HICAP
 1-800-434-0222
- CCI Ombudsman
 1-888-804-3536





Want to know more?

- NSCLC Duals Website
 - Advocate's Guide
 - News
 - Sign up for alerts
 - http://dualsdemoadvocacy.org/
- Contact us:
 - Denny Chan <u>dchan@nsclc.org</u>
 - Amber Cutler <u>acutler@nsclc.org</u>

- DREDF
 - www.dredf.org
 - Silvia Yee <u>syee@dredf.org</u>
 - Mary Lou Breslin <u>mlbreslin@dredf.org</u>
 - 510-644-2555
- Department of Healthcare Services
 - www.calduals.org



